## Yoga Dissertations 1900-1999

## Harvard

- GREENWOOD, K. A. (1999). Blood glucose and participation in yoga/health education by Yaquis with type II dia University of Arizona.
- BALDWIN, M. C. (1999). *Psychological and physiological influences of Hatha yoga training on healthy, exercisir.* University, 1999.
- HOUSTON, D. L. (1999). Integrative yoga therapy as a complementary healing modality for Fibromyalgia Syndro
- SARITHA, B. (1999). Adequacy of Diet Recommended in Siddha Samadhi Yoga (SSY) Camp.
- GRASSI, J. L. (1999). An electromyographic study of four yoga postures: a comparison of different skill levels.
- WIRZ, S. L. (1999). From the fire rises the phoenix: transformational process ignited by yoga, meditation & mes.
- TRAN, M. D. (1999). Effects of hatha yoga practice on the health-related aspects of physical fitness. Thesis (M.\$ 1999).
- GARRETT, W. W. (1999). An introduction to the philosophy and practice of yoga. Thesis (M.A.)--Prescott Colleg
- NIXON, M. A. (1999). Yogarchitecture: a language of yoga and architecture. Thesis (B. Arch.)--Boston Architectu
- STARCHER, D. (1999). *The Chakra system of tantric yoga: sat-cakra-nirupana text interpreted within the contexpsychology.* Thesis (Psy. D.)-- Saybrook Graduate School, 1999.
- WEST, J. (1999). An ethnomedical approach to ritual healing techniques: the effects of Hatha yoga and African salivary immunoglobin A, and salivary cortisol. Thesis (B.A.)--Reed College, 1999.
- MUSSELWHITE, R. T. (1999). Kriya yoga: media and institutions. Thesis (M.A.)--University of North Carolina at
- MORGAN, A. (1999). *Sahaja yoga: an ancient path to modern mental health?* Thesis (Ph.D.)--University of Plym http://hdl.handle.net/10026.1/1969.
- ARONSON, R. (1999). Yoga and actor training. Thesis (Ph. D.)--University of Oregon, 1999.
- BEARDEN, H. N. (1999). *The Raja Yoga school at Point Loma: a Theosophical experiment in educational theor* distinction project (B.A.)--Point Loma Nazarene University, 1999.
- BADELL, C. C. (1998). Characteristics of the Iyengar yoga practitioner. Thesis (Ph. D.)--University of New Mexic
- EDGREN, L. (1998). A comparison of the impact of hatha yoga and wellness education on the problematic beha consumption, cigarette smoking, and dysfunctional eating. Thesis (M.S.)--Ball State University, 1998.
- ROBBINS, J. (1998). Hatha yoga and athletic performance: a research compilation.
- SLOCOMBE, S. S. C. (1998). *The use of yoga as a growth enhancing practice: a project based upon an indepe*. (M.S.W.)--Smith College School for Social Work, 1998.
- VILVENS, H. L. (1998). *The effects of yoga, aerobic exercise, and weight training on mood.* Thesis (Master of Editor) 1998.
- WHICHER, I., & PATAÑJALI. (1998). *The integrity of the yoga darśana: a reconsideration of classical yoga*. Alba York Press.

- WAGNER, R. A. (1998). *Hatha Yoga for individuals in alcoholism recovery*. Thesis (Psy. D.)--Massachusetts Sci 1998.
- DRAGON, A. (1998). *The participant's perception of the contribution of lyengar yoga to their health and well-bei.* Cowan University, 1998.
- KITCHENS, C. L. (1998). *Production and marketing opportunities for a yoga inversion stand*. Applied management Cardinal Stritch University -- Milwaukee, 1998.
- OLIVER, R. R. (1998). *Building selves, building community: the reproduction of spiritual life at an American yoga* Social Studies)--Harvard University, 1999.
- PAK, C.-G. (1998). Noesŏng mabi adong ŭi yŏga hwaltong e kwanhan yŏn'gu. Thesis (M.A.)--Usŏk Taehakkyo,
- PONT, C. R. (1998). *Developmental yoga: an introductory workshop for the classroom teacher.* Thesis (M.S. Ed Education, New York, 1998.
- GOLDHAMMER, F. M. (1998). A comparison between static stretching and hatha yoga on hamstring/lower back motion. Thesis (M.S. Ed.)--University of Kansas, Health, Sport, and Exercise Sciences, 1998.
- ZANTOP, D. (1998). Yoga, art and soul.
- PERRY-BRAZAITITS, K. (1998). Yoga with Sexually Abused Children: A Qualitative Study. project--University o
- SHESTOPAL, A. L. (1998). Psychological effects of physical exercise and Yoga. Thesis (Ph. D.)--University of N
- BAILEY, S. R. (1997). Hatha Yoga as a practice of embodiment. Thesis (M.A.)--University of California, Los Ang
- ILLAVIA, D. (1997). Wind and breath in ayurveda and yoga. BSc. Dissertation -- Wellcome Institute for the Histo
- RHODES, J. M. (1997). Aware beginnings Body language and birth memory through the lens of the ancient practice. (Ph.D.)--The Union Institute, 1997. http://gateway.proquest.com/openurl?url\_ver=Z39.88-2004&rft\_val\_fmt=info:ofi/fmt:kev:mtx:dissertation&res\_dat=xri:pqdiss&rft\_dat=xri:pqdiss:9736719.
- GULATI, R. (1997). What is yoga therapy? BSc. Dissertation -- Wellcome Institute for the History of Medicine, 19
- BERGENSTRÄHLE, A. E. (1997). Physiological and psychological effects of Yoga. Thesis (M. Ex. Sc.)--Georgia
- MALHOTRA, B. R. (1997). *Yoga and its physiological and psychological impacts on the elderly.* Thesis (M.S. an California, 1997.
- PANAYOTAKI-PAPATHANASSOPOULOU, V. (1997). *Human potential in the philosophies of Socrates, Plato, C* (Ph.D.)--The Union Institute, 1997. http://gateway.proquest.com/openurl?url\_ver=Z39.88-2004&rft\_val\_fmt=info:ofi/fmt:kev:mtx:dissertation&res\_dat=xri:pqdiss&rft\_dat=xri:pqdiss:9733513.
- HARTZELL, J. F. (1997). *Tantric yoga: a study of the Vedic precursors, historical evolution, literatures, cultures, 11th century Kaśmīri, Śaivite and Buddhist unexcelled Tantric yogas.* Thesis (Ph. D.)--Columbia University
- KARPOVSKY, A. (1997). *An analytical bridge: illustrating cultural divide and universal nature through a compara and Patanjali yoga*. Senior Thesis--Boston University, 1997.
- GREEN, P. M. (1997). The magic of life within the mystery of death: a journey of self-discovery through the prac
- TIETGE, K. L. (1997). *Ontology and genuine moral action: jnana (intuitive perception), ethics, and karma-yoga is Schopenhauer's On the Basis of Morality.* Thesis (Ph. D.)--Southern Illinois University at Carbondale, 199
- O'NEILL, R. (1997). *An exploratory study which analyzes the viability of hatha yoga as preventive health care in environment.* Thesis (M.S.)--Sage Colleges, 1997.

- STRAUSS, S. (1997). *Re-orienting yoga: transnational flows from an Indian center.* Thesis (Ph. D. in Anthropolo 1997.
- MISHRA, S. P. (1997). Yoga and Ayurveda: (their alliedness and scope as positive health sciences). Varanasi, (
- MOY, M. (1996). *An investigation of the effectiveness of yoga and meditation upon anxiety and its implications fi* Seton Hall University, 1996.
- CONEY, J. M. (1996). Sahaja Yoga: a qualitative sociological study of a new religious movement. Thesis (Ph. D
- CECCOMORI, S., & HULIN, M. (1996). *Cent ans de yoga en France étude socio-culturelle des modalités de réc techniques de yoga de 1895 à 1995.* Lille, Atelier national de Reproduction des Thèses.
- SARASVATĪ, Y. (1996). The contemporary position of yoga in the Dasanāmī tradition of Śrī Ādi Śaṅkarācārya. T Sydney, 1997.
- SARAN, P. (1995). *Yoga, bhoga, and Ardhanariswara: individuality, eudaemonism, and gender in South Asian* 1 University of California, Santa Barbara, 1995.
- ROSSI, C. A. (1995). Crossing boundaries: yoga practice in Los Angeles. Thesis (M.A.)--University of California
- KOKINAKIS, C. L. (1995). *Teaching professional standards: training yoga therapists in loving presence*. Thesis (University. Dept. of Counseling and Educational Psychology, 1995.
- NUDELL, H. (1995). Yoga and attention: a theory and a curriculum. Thesis (M.S. Ed.)--Bank Street College of E
- HAMPTON, L. G. (1995). *The influence of yoga, meditation, and walking on stress and immune responses*. The University, 1995.
- BATES, A. F. F. H. S. (1995). *Chidvilasananda's Siddha Yoga in the United States: a cross-cultural study.* Thesi School, 1995.
- ROMANO, J. (1995). The effects of Hatha yoga on trait anxiety. Thesis (M.A.)--San Jose State University, 1995.
- SARBACKER, S. R. (1995). Yoga in South Asian religion. Thesis (M.A.)--University of Minnesota, 1995.
- DWELLEY, S. (1995). The yoga of the West. Thesis (M.A.)--Pacifica Graduate Institute, 1995.
- MAYO, P. T. (1995). *Iśvara-Pranidhāna a study of theism in the Yoga-Sūtras of Patañjali*. Thesis (M.A.)--Catholi 1995.
- KAPLAN, S. (1995). Embodying spirit: the Forrest yoga method. Thesis (M.A.)--Pacifica Graduate Institute, 1995
- COSTANZA, S. (1994). *Gandhi, the Bhagavad Gita, and karma yoga-- self-realization through selfless action.* TI University, 1994.
- HYDE, S. L. (1994). *The dynamics of Siddha yoga in the artistic expression of three contemporary American parkushner, Kathy Chernus.* Thesis (Ph.D.)--New York University, School of Education, 1994.
- JACOBSEN, K. A. (1994). *Prakrti: the principle of matter in the samkhya and yoga systems of religious thought.* California, Santa Barbara, 1994.
- DE MANINCOR, M. J. (1994). Changes in self-concept associated with hatha yoga. Perth, Curtin University of T
- ANJALI, P. (1994). Yoga as psychotherapy: a distillation of the essential principles of Patanjala yoga theory into model. Thesis (Ph. D.)--Union Institute, 1994.
- FIELDS, G. P. (1994). *Religious therapeutics: body and health in Yoga and Āyurvedic medicine*. Thesis (Ph. D.) 1994.

- LONG, S. J. (1994). *Nityananda Institute: meditation and yoga center, Winchester, Massachusetts*. Thesis (B. A 1994).
- MAZAK, A. (1994). *Gopinath Kaviraj's synthetic understanding of Kuṇḍalinī yoga in relation to the nondualistic F.* (Ph. D.)--University of Chicago, Dept. of South Asian Languages and Civilizations, March 1994.
- KAUFFMAN, J. L. (1994). *The subjective impact of yoga practice on patients with bronchial asthma*. Thesis (Ph. Professional Psychology, Los Angeles, 1994.
- CAUDLE, C. K. (1993). Yoga as a counseling paradigm. Thesis (M.A.)--Wake Forest University. Dept. of Educat
- BROWN, L. (1993). *Problem-solving training and yoga in stress management: comparative efficacy and process* --USQ, 1993.
- DUNCAN, S. J. (1993). *The benefits of combining yoga and psychotherapy: a project based upon an independe* Smith College School for Social Work, 1993.
- STRAILE, P. D. (1993). *Gnosis and narrative theory: Patañjali's Yoga sutras and Garcia Marquez's Cien Añnos* Pennsylvania State University.
- HOLT, L. (1993). Threads of yoga: the yoga sutras of Patanjali. Thesis (M.A.)--California State University, Domir
- GROSREY, A., & CESBRON, G. (1992). L'EXPERIENCE LITTERAIRE DE RENE DAUMAL, HERMANN HESS. MALAISE OCCIDENTAL A LA SERENITE INDIENNE. (LE YOGA: UNE VOIE POSSIBLE). [S.I.], [s.n.].
- WHICHER, I. R. (1992). A study of Patanjali's definition of Yoga: uniting the theory and practice in th Yoga-Sutra Cambridge, 1992.
- MEANNJIN, M. (1992). Death anxiety and aids: the impact of yoga therapy. Thesis (MLitt) University of New El
- PAIN, C. E. (1992). *The teachings of Gorakhnath: an annotated translation of a Hatha yoga text in Old Hindi*. Th Southeast Asian Studies)--University of California, Berkeley, April 1992.
- GARFINKEL, M. S. (1992). *The effect of yoga and relaxation techniques on outcome variables associated with a finger joints.* Thesis (Ed. D.)--Temple University, 1992.
- WILLIAMS, A. P. (1992). *The effects of yoga training on concentration and selected psychological variables in y* University of South Carolina, 1992.
- SHAH, C. (1992). Of women and war: a critique of the karma-yoga in the Bhagavad-gita. Thesis (M.A.)--San Fra
- NATION, I. F. (1992). *The guru/disciple relationship viewed through the Siddha Yoga Dham of America*. Thesis 1992.
- RENS, J. A. (1992). *Yoga as a therapeutic tool in the treatment of multiple sclerosis: an exploratory study of pata* California State University, Northridge, 1992.
- SPANO, M. V. (1992). Seeking the one light: the Tibetan Book of the Dead, the Kundalini Yoga, and the quest for Wodwo. Thesis (M.A.)--Drew University, 1992.
- HAILS, V. D. (1992). *The Effects of hatha yoga practice and endurance swimming on postural alignment and mu* [Northern Arizona University].
- JONES, J. D. (1991). *Dream yoga*.
- RHODES, J. M. (1991). Mind made visible: psychotherapeutic applications of yoga asana. Thesis (M.A.)--Antioc

- BOYLE, C. E. (1991). *Karma-Yoga in the BHAGAVAD-GITA: a return to Dharma as Yajña*. Thesis (M.A.)--Unive 1991.
- MCCUE, P. A. (1990). The effects of moderate aerobic exercise and satyanda yoga on long-term stress, selecte measures, and learning of a motorskill in response to an acute stressor. Thesis (M. Sc. (Hons))--University
- YOUNG, R. D. (1990). Exploring the unconditioned perspective: a yoga center near Crabtree, North Carolina.
- MOYA, A. (1990). Yoga manual Karmic discipline.
- NETT, J. (1990). A study in Yoga and bio-monitoring.
- CUSUMANO, J. A. (1990). *The short-term psychophysiological effects of hatha yoga and progressive relaxation* Thesis (Ph. D.)--Arizona State University, 1990.
- HARPER, M. J. (1990). A comparison of hatha yoga and aerobic programmes in reducing stress. Ottawa, Nation
- SMITH, A. (1990). Comparison of contract-relax and yoga stretching.
- SCHRADER, J. (1990). Yoga and psychosis. Thesis (M.A.)--Victoria University of Wellington, 1990.
- SINGH, M. (1990). The effect of hatha yoga in the reduction of anxiety and the role of locus of control. Ottawa, N
- BONNEM, J. E. (1989). *The Hindu temple and the practitioner of Kundalini-Yoga: microcosms of the sacred uni* College, 1989.
- WERSINGER, V. M. (1989). Siddha Yoga Center. Thesis (B. Arch.)--Auburn University, 1989.
- RUFFER, E. R. (1989). Content and teaching methods for hatha yoga instruction.
- LOGAN, M. L. (1988). Yoga psychology: self and superconsciousness.
- KIM, K.-D. (1988). Han'guk yŏga sisŏl kaebal e kwanhan yŏn'gu. [Korea], [publisher not identified].
- KALAYIL, J. A. (1988). A controlled comparison of progressive relaxation and yoga meditation as methods to rechildren.
- KORZAK, G. G. (1988). *The influence of Hatha Yoga on nasal laterality among Yoga practitioners*. Thesis (Ed. I 1988.
- KINZEY, D. A. (1988). *The unification of opposites in Gestalt theory and therapy, Patanjali Yoga Sutras, and He* Saybrook Institute, 1988.
- LANKA, L. H. (1988). Selected mind-body strategies for enchancing individual health status in the western healt and meditation. Thesis (M.A.)--Russell Sage College, 1988.
- COLE, A. R., & RGYAL-MTSHAN-SENGE. (1988). Tantric Buddhism: translation and analysis of a Ge-luk text c
- DENGELEGI, L. (1987). A study of the philosophy and lifestyle of a Yoga community religious commitment, con---Temple University, 1988.
- COVILLE, C. A. (1987). Education through the physical: a reconceptualization based on analysis of yoga, zen, &
- PHILLIPS, B. (1987). The "meanings" of yoga: a study in function and genre. Thesis (M.A.)--University of Califor
- YEO, K. A. (1987). Siddha yoga in Britain: a case-study of a new religious movement.
- WEINRICH, W. (1987). The combining of dance movement therapy and yoga for cocaine addicts: a wholistic tre

- SPRINKLING, S. T. (1987). Hatha yoga and counselling a phenomenological investigation. Ottawa, National Lib
- GREGG, K. K. (1987). Karma yoga and the wheel of the world in the Bhagavad Gītā. Thesis (M.A.)--University of
- KIPNIS, A. B. (1986). Means and ends in the practice of yoga: a critical examination.
- SAROYA, I. (1986). *The effects of yoga postures and breathing exercises on selected physiological parameters* Library of Canada.
- DEAN, T. M. (1986). *The creative body: creation-centered spirituality using yoga and massage*. Thesis (M.A. -- ( Names College, 1986.
- ENGELHART, C. A. (1986). Matching progressive relaxation and yoga stretching to specific stress symptoms.
- CASKEY, C. C. (1986). *Guidelines for Christian meditation: integrating yoga meditation into Christian prayer.* Th Seminary of the Twin Cities, 1986.
- DEHEJIA, H. V., & CARLETON UNIVERSITY. DISSERTATION. RELIGION. (1986). The Yoga of art.
- EDWARDS, L. R. (1986). Psychological change and spiritual growth through the practice of siddha yoga. Philad
- FRIEDENHEIM, A. (1986). The effects of Hatha yoga on self-awareness and self-actualization. Masters Abstrac http://gateway.proquest.com/openurl?url\_ver=Z39.88-2004&rft\_val\_fmt=info:ofi/fmt:kev:mtx:dissertation&res\_dat=xri:pqdiss&rft\_dat=xri:pqdiss:EP21291.
- KOZAK, S. L. S. (1986). The physiological effects of yoga practice. Thesis (M.S.)--University of Nevada, Reno,
- WEAVER, D. (1985). The effects of progressive relaxation and yoga breathing exercises on clenched muscle teasymptoms of stress.
- LESSER, D. P. (1985). Yoga asana and self actualization: a western psychological perspective.
- EMERY, G. R. (1985). *The long term effects of yoga practice and a yogic lifestyle on the physical and mental he* (M. Psych. App.)--University of Queensland, 1986.
- WESTERMAN, S. E. (1985). Better stress management in the helping professions using Hatha-Yoga.
- RICHARDSON, J. A. (1985). Yoga and counselling investigation of an east-west synthesis. Ottawa, National Lib
- RICHARDSON, J. A. (1985). *Yoga and counselling: investigation of an East-West synthesis.* Thesis (M. Ed.)--UI 1985.
- BINSTOCK, A. S. (1985). A Yoga monastery.
- KORZAK, G. G. (1985). Analysis of the affiliation needs of the members of a professional yoga teachers' association
- HARE, H. I. (1985). An exploration into yoga and Christianity.
- CASTILLO, R. J. (1985). *The transpersonal psychology of Patañjali's Yoga-Sûtra (Book I: Samâdhi).* Thesis (M. Manoa, 1985.
- RICHEY, D. J. (1984). Mind and the science of mantra in yoga. Thesis (M.A.)--University of Scranton, 1984.
- MABOUDIAN, M. (1984). Siddha Yoga Dham Ashram: a monastery.
- CURRY, I. P. (1984). Chapter twelve of the Bhagavad Gita: the path of bhakti yoga. Thesis (M.S.)--University of
- BRUNSON, M. E. (1984). Life as viewed in classical yoga and early Buddhism. Thesis (M.S.)--University of Scra

- ASTIN, J. (1984). From growth to transcendence: the theoretical and practical applications of yoga for psychology
- BARRETT, M. B. (1984). *Comparative analysis of the three paths in Patañjali's Yoga Sūtra: is there a main path* Scranton, 1984.
- FRANK, K. M. (1984). A comparison of the third trimester muscle tension levels and labor outcomes of women v pregnancy with women who do not practice yoga in pregnancy.
- KRAFTSOW, G. S. (1983). Yoga as a process of liberation and health. Thesis (M.A.)--University of California, Sa
- JOHNSON, E. M. (1983). Anxiety, drug consumption, and personality correlates of yoga and progressive muscle
- COZORT, D. G. (1983). The completion stage of highest yoga tantra.
- STUCHELL, D. M., & YEATS, W. B. (1983). *An annotated edition of W. B. Yeats's introduction to Aphorisms of* Thesis (B.A.)--Pennsylvania State University.
- HENSEL, J. C. (1982). *Yoga disciplines and clinical research: discoveries for stress management and preventiv* project (B.S.)--Mount St. Mary's College, 1982.
- TAYLOR, D. P. (1982). Yoga and education. Thesis (M. Ed.)--University of Melbourne, 1983.
- SCULLIN, L. (1982). The effects of Yoga meditation on state and trait anxiety through the elicitation of the relaxa
- COLLINS, L. A. (1982). Stress management and yoga.
- FORD-YOUNG, A. E. (1982). An investigation of Hatha Yoga practice: the health beliefs and preventive health &
- KURLAND, R. F. J. (1982). *The influence of Hatha yoga on flexibility of the hip joint in older and younger womei* State University.
- BARNES, R. M. (1981). A study of the psychological structure of transcendental, yoga and Ignatian meditation a Mich, University Microfilms International.
- HARRIGAN, J. M. (1981). A component analysis of yoga the effects of diaphragmatic breathing and streching parameters and somatic/behavioral complaints. Thesis (Ph. D.9--Pennsylvania State University.
- VOLWEIDER, F. H. (1981). A comparison of short-term yoga and buddy-oriented groups with chronic psychiatric
- RUDOLPH, S. G. (1981). The effect on the self concept of female college students of participation in Hatha Yog relationships development classes.
- ATREYA, B. L. (1981). The philosophy of the Yoga-Vasistha: a comparative, critical and synthetic survey of the presented in the Yoga-Vasistha-Maha-Ramayana.
- SOUZA, G. D. (1981). Teresian mysticism and yoga. Mangalore, Selbstverl.
- ROSENTHAL, A. (1981). Yoga exercises for a mentally retarded/emotionally disturbed male.
- BAKER, M. A. (1980). *The effects of Hatha Yoga and self-recording on trait anxiety and locus of control.* Thesis International University, San Diego Campus, 1980.
- HUFNAGEL, K. F. (1980). Assessment of cognitive functioning following training in Hatha Yoga.
- MONCHAK, J. M. (1980). The relationship of hatha yoga practice and self-esteem, mastery of self and psychological self-esteem.
- WEED, J., DUANE. (1980). Effects of hatha yoga on self-report measures of anxiety and depression.

- BUNK, B. E. (1980). *Effects of hatha yoga and mantra meditation on the psychological health and behavior of in* University Microfilms International.
- MILLER, T. S. (1980). Elements of Hindu yoga in Navaho Indian religious tradition prior to 1890.
- HERMAN, P. J. (1980). The effects of yoga on the development of kinesthesia of preschool children.
- DASH, B. (1980). Tibetan medicine: with special reference to yoga Śataka. Dharamsala, Library of Tibetan Worl
- SARVAANANDA MA. (1980). The integral Yoga school in historical perspective.
- MASON, M. M. (1980). Type A physiological response to yoga and relaxation.
- WILSON, R. T. (1980). Yoga: the flame of transmutation. Honors paper (B.A.)--Lawrence University, 1980.
- FOLLI, J. (1979). Contribution à l'étude médicale du yoga au 3° âge. [S.I.], [s.n.].
- DERENNE, G. N. N. (1979). A comparison of the effects of craft activity and yoga on self esteeem in a psychiati population.
- BARCLAY, W. F. (1979). Yoga in the writings of Maharishi Mahesh Yogi. Thesis (M.A.)--University of Iowa.
- PHILLIPS, S. K. (1979). *Yoga psychology and dimensions of counseling practice*. Thesis---University of Wiscons http://catalog.hathitrust.org/api/volumes/oclc/6055238.html.
- WALSH-MARTIN, D. E. (1979). The effects of Hatha yoga on self awareness. Thesis (M.S.): California State Un
- ANDERSON, S. G. (1979). Yoga and behavior modification: an experimental study of an approach for adolesce. [publisher not identified].
- ENGLISH, S. E. (1979). Effect of Hatha Yoga postures on shoulder, hip, trunk, and ankle flexibility.
- SIMONS, L., & KARBEL, S. (1979). A theoretical study of the effects of Hatha Yoga on anxiety reduction: a projeinvestigation.
- DENNIS, W. (1979). The effects of yoga exercises on selected fitness measures in college-aged and middle-age
- HORTON, H. S. (1978). Deity yoga in Kriya Tantra: common and uncommon paths.
- WHEATON, L. S. (1978). The use of yoga in special education. Thesis (M.A.) -- St Mary's College of California,
- GLUGOVER, D. B. (1978). An exploratory study on the use of hatha yoga asanas with children having hyperkind University, 1978.
- DUKA, M. (1978). The place of Hatha Yoga in the education of children. Thesis (M.S. Ed.)--Bank Street College
- BERNARD, A. F. (1978). Yoga and dance therapy. [San Francisco], [Bernard].
- CARROW, M. L. (1978). Hatha Yoga adapted for physical educators.
- SCHWEITZER, E. (1978). *Hatha yoga and meditation: a proposal for their inclusion in a mental health curricului* University, Columbia Center, 1978.
- BREULEUX, C. E. (1978). A comparison of the effects of jogging and hatha yoga on college students related to psychological measurements. Oxford, Ohio, Miami University.
- HALL, G. (1978). Yoga asanas compared to other physical exercises.

- WEXLER, M., N. (1978). The service society and the organization of human services for profit studies in the mic martial arts and mind development.
- RAMADHIN, H. (1978). A yoga centre.
- RAMADHIN, H. (1978). A yoga centre.
- KRUSE, D. P. (1978). Yoga breathing and the high school wind instrumentalist. San Francisco, [Kruse].
- PIATT, E. M. (1977). Give yourself a lift yoga, positive thinking and relaxation as reflected in an on going radio p
- ENGELMAN, S. R. (1977). Body-cathexis and self-cathexis change in therapy and yoga groups. [Atlanta], [public
- SHEPARD, J. W. (1977). A comparative study of three religious groups: a Krishna consciousness temple, a Zer. Dham.
- GOUGER, S. C. (1977). The effects of Hatha Yoga on psychiatric outpatients. Ann Arbor, Mich, Univ. Microfilms
- HARRISON, J. P. (1977). *A residence facility for a yoga retreat.* Thesis (Graduate Course Thesis Program in Arc University of Pennsylvania, 1977.
- MATUS, T. (1977). *The Christian use of yoga: a theoretical study based on a comparison of the mystical experient theologian with some Tantric sources.* Thesis (Ph. D.)--Fordham University, 1977.
- RAMA KIRN KAUR KHALSA. (1977). *The effects of Kundalini Yoga and desensitization on speaking anxiety.* The College, San Bernardino, 1977.
- ROGERS, T. J. (1976). *The effects of yoga relaxation and abdominal breathing on anxiety level in hospitalized*  $\mu$  -United States International University, School of Human Behavior, San Diego Campus, 1976.
- FIELDEN, N. L. (1976). Unity and duality in Samkhya-Yoga and Advaita Vedanta. Amherst, Mass, [s.n.].
- SINHA, B. M. P. (1976). Problem of time and temporality in Samkhya-yoga and Abhidharma Buddhism.
- SINHA, B. M. P. (1976). Problem of time and temporality in Sāmkhya-Yoga and Abhidharma Buddhism.
- KENNEY, J. F. (1976). The nature and function of "The Lord" (Īśvara) in the Yoga-sutras of Patañjali.
- BARNES, M. A. (1976). *The Buddhist way of deliverance: a comparison between the Pāli Canon and the Yoga* µ Campion Hall.
- THORPE, T. J. (1976). The effects of Integral Hatha Yoga on self-actualization, anxiety and body-cathexis in dru
- ROBINSON, L. (1976). The practice of Hatha Yoga with diagnosed schizophrenics and some implications of oth
- NELSON, V. (1976). A study of the relationships that exist between Christian prayer as seen n the spirituality of Yoga as shown forth in Dom J. M. Déchanet's writings.
- WARREN, J. (1975). Yoga and the art of social work. Thesis (M.S.W.)--University of Manitoba, 1975.
- JAMES, R. C. (1975). *A critique of Bal Gangadhar Tilak's Karma-Yoga philosophy*. http://digitool.Library.McGill.(full&object\_id=48520.
- MOSES, R. (1975). Effect of yoga on flexibility and respiratory measures of vital capacity and breath holding tim
- JOHNSON, A. (1975). Effect of Hatha Yoga on anxiety.
- DAVIS, I. E. (1975). The effects of a class in Kundalini yoga on field articulation, openess to experience and flex Microfilms Int.

- RUSKELL, V. A. (1975). The influence of the Yoga philosophy in the Bhagavad Gita on Henry David Thoreau's
- THORPE, T. J. (1975). Yoga as a theoretical and applied system of self-actualization. Knoxville, University of Te
- BARRY, L. E. (1975). *The fulfillment of man's dionysian and apollinian natures through Sikhism and Kundalini Y* College.
- BECKWITH, L. J. (1975). An investigation of the relationship between introductory training in actualism (agni you Thesis (M.A.)--United States International University, San Diego Campus, 1975.
- JAMES, RALPH CALLANDER. (1975). *A critique of Bal Gangadhar Tilak's Karma-Yoga philosophy*. McGill Univ http://digitool.Library.McGill.CA:80/R/?func=dbin-jump-full&object\_id=48520.
- MARTIN, J. G. (1975). The pedagogy of conciliation in the Bhāgavata purāna a sporting way of understanding J
- DAVIS, I. E. (1975). The effects of a class in Kundalini yoga on field articulation, openness to experience and fle of Oregon.
- KIMELMAN, K. R. (1974). The practice of hatha yoga related to modern dance.
- KOMITO, D. R. (1974). Models of the mind as religious forms: Kundalini Yoga and Taoist alchemy. Thesis (A.M.
- JOHNSON, S. J. (1974). Effects of yoga-therapy on conflict resolution, self-concept, and emotional adjustment.
- CLIFFORD, T. J. (1974). Yoga therapy at Mount Sinai Hospital: a report with comments.
- CADY, O. N. (1974). The Hatha Yoga acting methodology: sub-title, an evening with me. Thesis (M.A.)--Central
- DHANARAJ, V. H. (1974). The effects of Yoga and the 5BX fitness plan on selected physiological parameters.
- BISHOP, P. D. (1973). The Raja Yoga of Vivekananda and the Integral Yoga of Aurobindo. Thesis (Ph. D.)--Unir
- DREHER, E. R. (1973). The effects of hatha yoga and judo on personality and self-concept profiles on college n
- GOODMAN, N. H. (1973). The effects of three yoga exercises on the electroencephalogram in man.
- KREUTZER, S. (1973). *The benefits of yoga and the implementation of yoga into a high school physical educati* University of Manitoba, Spring 1973.
- KENNEY, J. F. (1972). The nature and function of "The Lord" (Iśvara) in the Yoga'Sutras of Patañjali. S.I, s.n.].
- PLUMMER, W. B. (1972). The adoption of yoga: a sociological analysis of selected yoga practitioners. Lexingtor
- MANICKAM, P. K. (1972). Toward an Indian Christian spirituality [A case for Christian yoga].
- MATHIS, S. K. (1970). *Effects of a two-week Hatha Yoga program upon ability to learn a motor skill.* Thesis (M.S. College, 1970.
- OVERSTREET, L. (1970). Hatha Yoga for teachers. Thesis (M.A.)--Fresno State College.
- KANDEL, E. R. (1969). Yoga meditation and the spiritual exercises of Saint Ignatius Loyola.
- FORRESTER, G. (1968). The Dharmaśūnya: the philosophy of the void: an old Javanese treatise on yoga and
- THERRIEN, R. (1968). *Influence of a 5 BX and a Hatha-Yoga training programs on selected fitness measures*. 1 1968.
- ZINK, S. M. (1968). *A comparison of Bardo Yoga with the upāya of mandala meditation*. Massachusetts Institute Humanities. Thesis. 1968. B.S.

JANI, A. J. (1964). An analysis of certain basic psychological concepts in the Yoga system.

LAMBERTI, J. J. (1963). Raja Yoga, an examination. Thesis (B.S.)--Massachusetts Institute of Technology, Dep

PRASAD, R. L. (1959). An evaluation of the yoga system of physical education. [Salt Lake City], Prasad.

PRICE, A. R. (1959). The concept of liberation in the Yoga Sutras of Patañjali. Thesis (M.A.)--University of the P

JHAVERI, I. H. (1953). The Sānkhya-yoga and the Jain theories of Parināma. Thesis (doctoral)--Gujarat Univers

GANGULY, T. A. (1951). Purusa and prakrti (self and nature); a philosophical appraisal of Patañjala-Samkhya-\

PATIAL, M. D. (1949). Christian prayer and Raja Yoga: a study in correlation. S.I, s.n.].

BERNARD, T. (1944). Hatha yoga: the report of a personal experience. New York, Columbia University Press.

PATHAK, P. V. (1931). The heyapaksha of yoga; or, Towards a constructive synthesis of psychological material

**Note:** Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of inte or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied.

These reference citations were generated by WorldCat at www.worldcat.org.